

REPORT  
OF THE  
**Homes for Inebriates  
Association**

TOGETHER WITH THE  
THIRTY-SEVENTH ANNUAL REPORT  
OF THE  
DALRYMPLE HOUSE AT RICKMANSWORTH.

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1920-1921.

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REPORT  
of the  
**HOMES FOR INEBRIATES ASSOCIATION**

together with the  
**THIRTY-SEVENTH ANNUAL REPORT**

of the  
**Dalrymple House at Rickmansworth,**

*(Adopted, and ordered to be printed, at the Annual General Meeting of the  
Association, held at 179 Marylebone Road, N.W.1,  
on Monday, 21st March, 1921.)*

**1920 - 21**

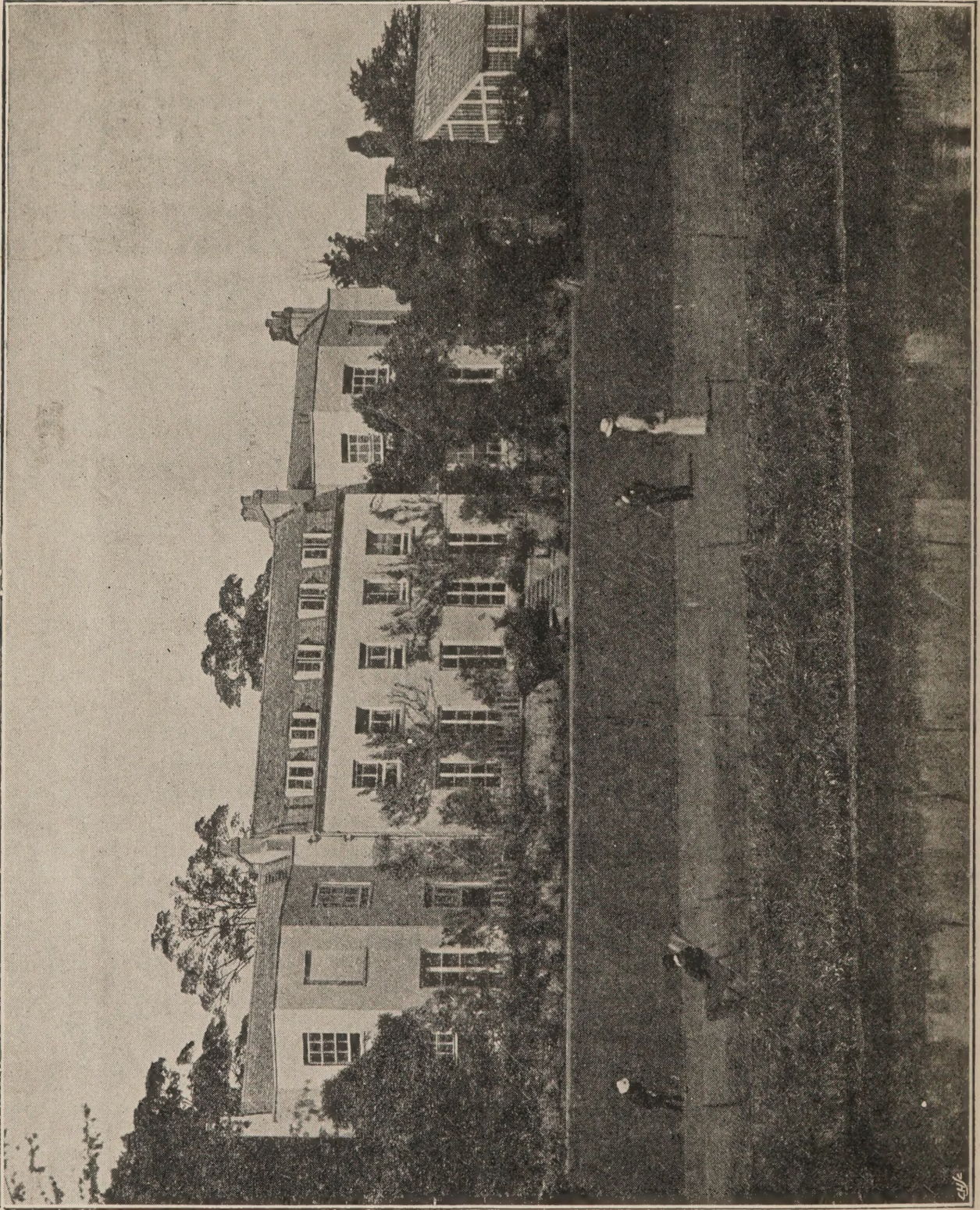


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\* Members of House Committee.

**Resident Medical Superintendent.**

Dr. F. S. D. HOGG,  
The Cedars, Rickmansworth. Telephone—16 Rickmansworth.

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**Auditor.**

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*Members of the Committee and other Officers receiving applications for admission to the Dalrymple House, or information relative thereto, are requested to forward the same to the Medical Superintendent for him to reply direct to the applicants.*

# THE HOMES FOR INEBRIATES ASSOCIATION

**BALANCE SHEET** 1st February, 1921.

[illegible]

I have examined the books and vouchers of the Association, and hereby certify that the above Balance Sheet is a full and fair one, properly drawn up, so as to exhibit a true and correct view of the state of the Association's affairs, as shown by the Association's books, and I also report that all my requirements as Auditor have been complied with.

R. H. MILLER, Auditor,  
Incorporated Accountant, 32 MADDOX STREET, W.1.

3rd March, 1921.



# Dalrymple House, Rickmansworth

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*Report of the Medical Superintendent for the year  
ending 31st January, 1921.*

GENTLEMEN :

I have the honour to present to you my report for the year ending January 31st, 1921.

As in my reports previous to 1916, there is appended a series of tables presenting various particulars concerning those dis-



ISLAND AND BOAT HOUSE

charged. These tables deal with 1,486 cases. The after history percentages refer only to those who have been under my care in the Sanatorium during the past 21 years.

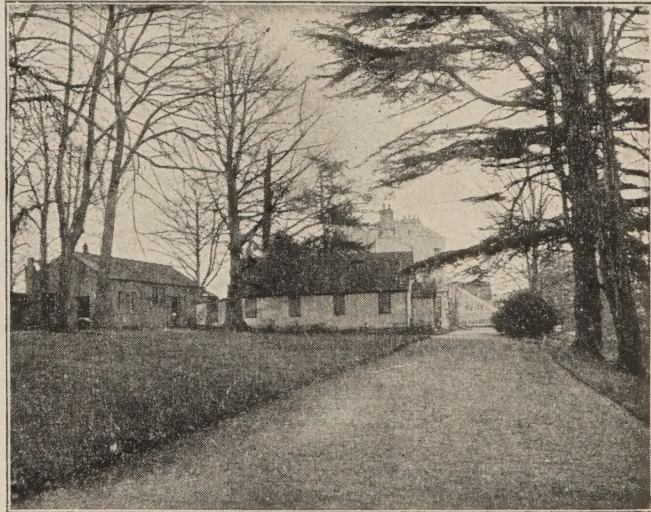
ADMISSIONS. Not including re-admissions, there have been 56 persons admitted during the year, as private patients, and 23 under the Inebriates Act.

Both for the patients and their friends I consider admission under the act preferable in a larger number of cases. There is no kind of distinction made between either class, but while Private Patients can terminate their stay at any time, and sometimes do leave prematurely without giving themselves a chance of success,



those under the act must remain in residence until the period for which they have signed expires, unless previously discharged, or unless they go away on leave of absence under the act.

In my report for 1919 I referred to the number of young men I had admitted, whose alcohol indulgence was due to army life and war strain, and during the past year a considerable percentage of the applicants for admission have ascribed the origin of their trouble to these causes. Only one gave navy life as the exciting cause. He was unaccustomed to spirits and the rum ration was his undoing.



CONCERT ROOM AND WORKSHOP

DISCHARGES have numbered 81. Of these I found 6 unsuitable for treatment, 9 went away on account of urgent private affairs, 4 on account of ill-health. Two patients are away on leave of absence and during the year several others have finished their period under the act on leave. In certain circumstances this is a useful method of practically discharging a patient and of still keeping in touch with him and of being in a position to assist him and his friends, should a relapse occur.

TREATMENT. I continue to adopt no single form of drug therapy in all cases, for I know no treatment that is universally



applicable. Each case has to be studied and such treatment as is considered appropriate is adopted.

Alcohol is given at first to those who require it but after the first two or three days it is rarely demanded ; for drug habitués gradual reduction is usually employed.

My object is to wean a man from alcohol, or from the particular drug for which he has an addiction, with as little discomfort to him as possible.



EAST VIEW FROM ISLAND

Subsequently the first consideration is to cure him, when possible, of any diseased condition that may be at the root of his drink or drug impulse, and restore him to a sound physical condition, and whether such a cause is discoverable or not, to train his mind to resist any such impulse by cultivation of self control, to strengthen his will power and determination and to make him realise that part of his cure lies in his own hands, and that total abstinence from alcohol (and of course from drugs in the case of a drug taker) is an absolute necessity.

With regard to liberty to leave the grounds. In the case of some a considerable amount of freedom can be given a few days after admission, the large majority can be given parole after two to four weeks' residence.



My object is to make life as pleasant as possible consistent with the necessary control.

The health of the patients has been on the whole excellent. There have been only two cases of serious illness, one patient



VIEW IN GROUNDS

died a few days after admission from coma due to cirrhosis of the liver.

I wish to express my thanks to the House Committee for the great assistance they have given me.

I am, Gentlemen,

Your Obedient Servant,

F. S. D. HOGG.





VIEWS IN GROUNDS





VIEW OF HOUSE FROM ISLAND



# APPENDIX

## Some particulars of 1486 patients discharged

### Number of Patients :—

Under the Act	-	-	593
Private	-	-	893
			<hr/> 1,486

### Term of Residence :—

12 months and longer	-	207
9 „	-	69
8 „	-	32
7 „	-	3
6 „	-	256
5 „	-	51
4 „	-	74
3 „	-	498
2 „	-	79
1½ „	-	35
1 Month or less	-	182
		<hr/> 1,486

Age :—Between 17 and 20 years	1
„ 20 and 30 „	202
„ 30 and 40 „	599
„ 40 and 50 „	459
„ 50 and 60 „	184
„ 60 and 70 „	38
„ 70 and 80 „	3
	<hr/> 1,486

Average age of all Patients 37.2

### Previous Residence of Patients :—

Africa (East)	-	2
Africa (South)	-	31
Africa (West)	-	1
America (Central)	-	2
America (South)	-	24
Australia	-	13
Borneo	-	1
Canada	-	20
Channel Isles	-	7
China	-	1
Egypt	-	4
England—London	-	451
Provincial	-	659
France	-	19
India, Ceylon, Burmah	-	26
Italy	-	1
Ireland	-	88
Japan	-	3
Madagascar	-	1
New Zealand	-	6
Persia	-	1

### Previous Residence of Patients (Cont.):—

Russia	-	3
Scotland	-	72
Straits Settlements	-	6
Switzerland	-	3
United States	-	11
Wales	-	29
West Indies	-	1
		<hr/> 1,486

### Education :—

College	-	373
Good	-	1,054
Elementary	-	59
		<hr/> 1,486

### Marriage :—

Married	-	766
Single	-	638
Widowed	-	82
		<hr/> 1,486

### Occupation :—

Accountants	-	17
Agents	-	7
Artists and Theatrical	-	21
Architects	-	9
Auctioneers	-	4
Bankers	-	9
Barristers-at-Law	-	24
Builder	-	1
Cable Official	-	1
Caterer	-	1
Chemists	-	14
Civil Servants	-	33
Clerks	-	87
Clerks in Holy Orders	-	31
Commercial Travellers	-	19
Company Directors	-	4
Confectioners	-	7
Contractor	-	1
Corn Broker	-	1
Dentists	-	6
Distillers, Brewers, &c.	-	35
Drapers	-	11
Engineers	-	57
Engravers	-	2
Farmers	-	66
Garage Proprietor	-	1
Horse Trainer	-	1
Hotel Proprietors	-	9
House Decorators	-	3



**Occupation (Continued).**

Jewellers - - -	3
Journalists - - -	17
Land and Commission Agents	5
Librarians - - -	2
Manufacturers - - -	73
Marine Merchant Service	14
Medical Practitioners -	116
Merchants - - -	155
Military Officers - - -	88
Naturalists - - -	2
Naval Officers - - -	11
No occupation - - -	350
Planters - - -	11
Photographer - - -	1
Professors of Music - - -	6
Publishers - - -	4
Railway Official - - -	1
Rancher - - -	1
Secretaries - - -	2
Schoolmasters, Tutors, &c.	25
Ship Owners - - -	4
Shopfitter - - -	1
Solicitors - - -	57
Stockbrokers - - -	19
Students of Medicine -	12
Students in Law - - -	2
Surveyors - - -	3
Tailors - - -	7
Tea Traders - - -	4
Tobacconists - - -	2
Veterinary Surgeons -	3
Underwriters - - -	3
	<hr/>
	1,486

**Family History :—**

Insanity or Insanity and Inebriety  
in about 11 per cent. Inebriety  
in about 50 per cent.

**Temperament :—**

Nervous - - -	908
Nervo-Sanguine - - -	233
Passionate - - -	30
Phlegmatic - - -	94
Sanguine - - -	221
	<hr/>
	1,486

**Associate Habits :—**

Bromidia - - -	2
Cannabis Indica - - -	3
Chloral - - -	15
Chloroform - - -	1
Chlorobrom - - -	1
Cocaine - - -	25
Heroin - - -	4
Morphia - - -	71
Morphia and Cocaine -	21
Opium or Chlorodyne -	25

**Associate Habits (Continued).**

Paraldehyde - - -	6
Sulphonal - - -	6
Tobacco - - -	1,363
Trional - - -	4
Veronal - - -	12

**Drinking Habits :—**

Regular - - -	1,009
Periodical - - -	440

**Frequency of Periods :—**

Every week - - -	8
„ 2 weeks - - -	12
„ 3 „ - - -	19
„ 4 „ - - -	47
„ 6 „ - - -	10
„ 2 months - - -	37
„ 3 „ - - -	15
„ 4 „ - - -	2
„ 12 „ - - -	2
Very irregular - - -	288
	<hr/>
	440

**Delirium Tremens :—**

Patients who have had 1 attack	231
„ „ 2 attacks	117
„ „ 3 „	25
„ „ 4 „	6
„ „ 5 „	2
„ „ 6 „	5
„ „ 7 „	1
„ „ 13 „	12
	<hr/>
	399

**Ordinary Habits :—**

Described as Social -	1,416
„ Solitary -	70
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	1,486

**Kind of Inebriant use :—**

Absinthe - - -	2
All Spirits - - -	253
Beer - - -	40
Beer and Spirits - - -	265
Brandy - - -	53
Drugs without alcohol -	42
Gin - - -	14
Whisky - - -	530
Wine - - -	40
Wine and Spirits - - -	95
Various - - -	152
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	1,486

Average of time addicted in all cases  
9.35 years.



### Previous Residence in other Similar Institutions :—

Once - - - -	238
Twice - - - -	111
Three times - - - -	30
Four times - - - -	12
Five times - - - -	4
Six times - - - -	5
Insane Asylum - - - -	13

### Exciting Cause :—

Ill-health - - - -	168
Influence of occupation—	
Commercial travelling	12
Wine & Beer Merchants	29
Cattle Salesmen -	2
Stock Exchange -	2
Colonial Life - -	26
Army Life - - -	15
Retail Corn Business	1
Rubber Works - -	1
Jobmaster - - -	1
Journalist - - -	8
Theatrical - - -	1
Injury - - - -	29
Nervous Shock—	
War Service - -	22
Domestic trouble -	115
Business worry -	92
Fight with Madman -	1
Financial Loss - -	13
No occupation - - -	52
Not assigned - - -	76
Overwork - - - -	68
Rum Ration in Navy -	1
Sexual excess - - -	6
Sociability - - - -	744
Air Raids - - - -	1

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1,486

### Complicating Diseases :—

Adenoids - - - -	1
Abductor (Laryngeal)	
Paralysis - - -	1
Abscess of Antrum -	3
Alcoholic Convulsions -	16
Alcoholic Neuritis -	69
Amaurosis - - - -	7
Amnesia - - - -	2
Anal Fistula - - -	7
Ant. Poliomyelitis -	3
Appendicitis - - -	3
Asthma - - - -	21
Bronchitis (acute) -	2
Bronchitis (chronic) -	15
Cataract - - - -	1
Caries of Rib - - -	1
Cellulitis - - - -	1
Cirrhosis of Liver -	14

### Complicating Diseases (Continued).

Colitis, Ulcerative -	1
Congenital Tremors -	2
Constipation (Chronic)	57
Cystitis - - - -	1
Delirium Tremens -	4
Delusional Insanity -	11
Dercum's Disease - -	1
Diabetes - - - -	11
Dysentery (Chronic) -	2
Dyspepsia (Chronic) -	13
Eczema - - - -	8
Exophthalmic Goitre -	2
Epilepsy - - - -	6
Floating Kidney - -	3
Fracture of Bones -	4
Gall Bladder (Suppurating)	1
Gangrene - - - -	1
General Debility - -	53
General Paralysis -	1
Glycosuria (Intermittent)	4
Gonorrhœa - - - -	13
Gout - - - -	21
Hæmorrhoids - - -	16
Hemiplegia - - - -	5
Hernia - - - -	3
Hyperidrosis - - -	1
Hypochondriasis - -	2
Hypothyroidism - -	2
Hysteria - - - -	5
Keratitis - - - -	1
Menière's Disease -	3
Migraine - - - -	6
Morbus Cordis - - -	41
Nasal Polypus - - -	2
Œsophageal Stricture -	1
Ozœna - - - -	1
Perforating Ulcer -	1
Phlebitis - - - -	3
Phthisis - - - -	11
Pneumonia - - - -	4
Progressive Muscular Atrophy	1
Prostatitis (Acute) -	2
Pseudo Ataxy - - -	2
Psoriasis - - - -	11
Pulmonary Thrombus	1
Pyelitis - - - -	1
Rectal Abscess - - -	1
Remittent Fever - -	9
Renal Colic - - - -	1
Renal Disease - - -	46
Rheumatism (Chronic)	25
Retinal Hæmorrhage -	2
Rhinitis (chronic) -	10
Syphilis - - - -	29
Trigeminal Neuralgia -	1
Urethral Stricture -	9
Varicocele - - - -	1
Vesical Tuberculosis -	1
Xeroderma Pigmentosa	1



**Discharged :—**

Efflux of time - -	1,288
Further treatment unnecessary - -	23
Illness - - - -	32
Unsuitable for treatment	61
Urgent private affairs -	82
	<hr/>
	1,486

Average length of period under treatment of all patients discharged, about 21.4 weeks.

**Re-admitted** - - - - 167

**After-History :—**

	per cent.
Doing well - - about	40.8
Improved - - „	7.7
Not improved - „	21.3
Insane - - - „	2.2
No news obtainable or dead - - „	22.1
Discharged unsuitable for treatment or transferred elsewhere „	5.9

## ADMISSIONS AND DISCHARGES OF PATIENTS DURING YEAR ENDING 31st JANUARY, 1921

Undischarged Jan. 31, 1920, under	
Inebriates Act - -	14
„ Private Patients - -	9
Admitted under the Act - -	23
„ as Private Patients - -	56
	<hr/>
Total	102

Discharged under Inebriates Act	32
„ Private Patients - -	50
Undischarged Jan. 31st, 1921,	
under Act - - -	5
„ Private Patients - -	15
	<hr/>
Total	102







DALRYMPLE HOUSE  
FOR THE  
TREATMENT OF INEBRIETY

THE CEDARS, RICKMANSWORTH, HERTS.

(Thirty minutes from Marylebone Station, London).

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**Licensed under The Inebriates Acts, 1879-1902**

**Gentlemen received Privately, and under the Acts.**

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*Honorary Consulting Physician.*

E. CLAUDE TAYLOR, M.D.

*Resident Medical Superintendent.*

F. S. D. HOGG, L.R.C.P., LOND., M.R.C.S., ENG.

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**OPINIONS OF THE PRESS.**

*Times*.—"A very pleasant house, standing in about five acres of beautiful grounds, admirably adapted to the purpose it is intended to fulfil."

*Lancet*.—"Practitioners having dipsomaniac patients cannot do them a greater kindness than to urge them to use this Home, with its regulated life and pleasant surroundings."

*British Medical Journal*.—"Charming grounds. A very pleasant view from the public rooms, the house standing on a terrace of 30 feet above the River Colne. Spacious dining hall and kitchen. The billiard-room is a prominent feature."

*Morning Post*.—"Admirably adapted to secure a fair trial of the provisions of the Habitual Drunkards Act."

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*Standard*.—"Complete and satisfactory."

*Medical Press*.—"A charmingly-situated house, light and airy."

*Journal of Inebriety*.—"May well serve as a model. One of the best equipped inebriate asylums in Europe."

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*For terms, apply to the Resident Medical Superintendent,*

**F. S. D. HOGG,**

THE CEDARS, RICKMANSWORTH, HERTFORDSHIRE,

TELEPHONE : 16 RICKMANSWORTH.







